# BEECHFIELD

# **BREAKFAST MENU**

Please help yourself from the buffet table



Beechfield House muesli (cl)

Beechfield House granola (gf)

Assorted cereals (cl)

Gluten free corn flakes (gf)

Gluten free muesli (gf)



Fresh fruit bowl (su)

Fresh fruit salad (su)

Sliced melon (su)

Fruit compote



Natural Greek yoghurt (mk)



Selection of pumpkin seeds, sunflower seeds, sultanas, banana chips, dried fruit (n)

...

Selection of raspberry jam, strawberry jam, marmalade, honey, Marmite, Nutella

...

Freshly baked croissants (cl.mk,n,sy)

Pain au chocolat (cl,mk,n,sy)

Flavoured muffins (cl,l,e,mk,n,se,sy)



Please choose from the following

#### FULL WILTSHIRE BREAKFAST

Local pork sausage, grilled Wiltshire back bacon, black pudding, baked tomato, flat mushroom, baked beans, local free range egg of your choice (fried, poached or scrambled) (e,cl,l,cy,mk)

### VEGETARIAN BREAKFAST

Quorn sausages, baked tomatoes, flat mushroom, baked beans, local free range egg of your choice (fried, poached or scrambled) (e,cy,mk)

# SCOTTISH OAT FLAKE PORRIDGE

fresh cream & brown sugar (cl,mk,l) (gluten free porridge available)

# SMOKED SALMON & SCRAMBLED EGGS

(e,f,mk)

## **GRILLED KIPPERS**

(f,gf,mk)

### **BOILED EGGS AND SOLDIERS**

(served soft or hard) (e,cl,l)

# WHITE AND WHOLEMEAL TOAST

Please help yourself (cl,l) (Gluten free toast available on request)

#### ALLERGENS

 Celery (cy)
 Molluscs (ms)

 Cereals (cl)
 Mustard (md)

 Crustaceans (cr)
 Nuts (n)

 Eggs (e)
 Peanuts (p)

 Fish (f)
 Sesame (se)

 Lupin (l)
 Soya (sy)

 Milk (mk)
 Sulphites (su)